

Do you need physiotherapy for back problems, stiff or painful joints, muscle injuries or strains?

Adult patients from this practice can now refer themselves to Physiotherapy on the NHS without a visit to the GP (this service is not available if you are under 16 years old)

Low back pain

Back pain and sciatica (leg pain)

Neck pain

Neck and Arm pain

Stiff neck and shoulders

Sports injuries

Arthritis

Joint pain or restriction in movement

Shoulder and elbow problems

Hip and knee problems

Foot and hand problems

Simply call 01246 565050 to arrange a face to face appointment with a State Registered Physiotherapist (Monday – Friday Between 8.30am -3.00pm)